

VICTORIA PRIMARY SCHOOL NEWSLETTER

"Together we aim for the stars"

29th January 2021
www.victoriaprimary.co.uk

HEADTEACHER'S THOUGHTS THIS WEEK

Dear Parents,

It's hard to believe yet another week has gone by and we are now approaching February.

The staff are once again keen to tell me that they are so proud of the children and adults for persevering with remote learning—I would echo those thoughts wholeheartedly! However, please remember that we completely understand the stresses associated with home learning and appreciate that not everything may be completed.

After half term, we will be preparing for Eisteddfod with many opportunities for families to engage in the celebrations. There will be a special Dydd Dewi Sant assembly on March 1st where our prize winners will be announced. More details to follow.

Have a lovely weekend,
Mrs Daniels

SAVE THE DATE

Victoria Primary PTA Virtual Family Bingo Night

Friday 5th February

Zoom call open at **6:50pm**

Ready for a prompt start at **7pm**

The evening will end at **8pm**



Eyes Down for an evening of family fun!

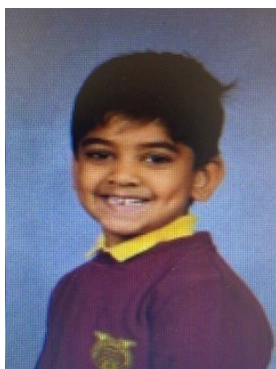
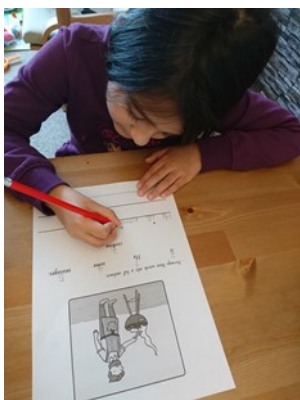
The PTA presents our first virtual family bingo night, a terrific event for adults and children, packed full of FAB-U-LOUS fun, prizes and mystery guest!

Tickets are £10.00 per family. ON SALE NOW.

<https://www.goldengiving.com/event/familybingo>

Please note that grownups must be present and on screen with children at all times.

Star of the week



Reception

Eva Mason Otto Williams

Zoe Broido-Green

Year 1

Evan Turner

Diyan Gopal

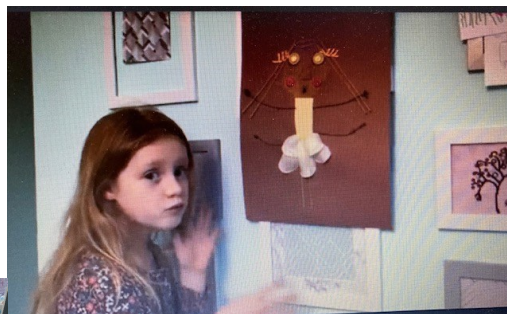
Eliza Nazaar

Year 2

Isla Colman Seb Van Keogh Rosie Hampton

Grace Lawday Millie-Rose Pleace

Star of the week



Year 3

Catrin Cornmell

Albie Evans

Phoebe Totterdale

Isla Cowley

Year 4

Joel Todd

Ffion Matthews

Leah Todd

Jake Irish

Year 5

Esme Bodmer

Year 6

Leo Adams

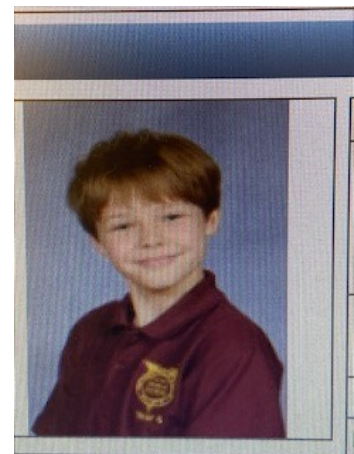
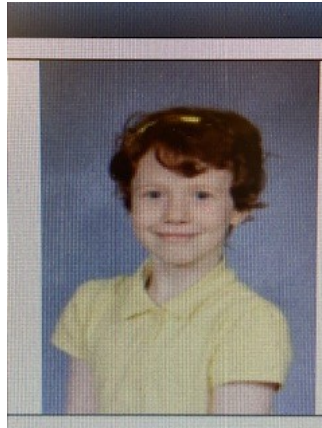
Joshua Slagter

George Connor

Dexter Clifford

Zach Wildin

Star of the week



Year 5

Esme Bodmer Lara Russin Fred Thompson

Year 6

Leo Adams Joshua Slagter George Connor

Dexter Clifford Zach Wildin

School Provision

School is currently open for the children of keyworkers. We are so proud of how hard they are working!



Activities to do with your child

Research found that thinking of three good things a day (or 3 things to be grateful for) improved optimism and happiness six months later.

Making a habit of thinking of **good things** or **things to be grateful for** makes us more likely to recognise positive things and events. It helps to change the way we view things.

Three good things – encourage your child to write down three good things that happen every day, or you could talk about these together instead of writing them down.

Good news – discuss a good thing that happened together every day. You could do this anywhere – at a mealtime or while you are on a journey somewhere.

Happiness diary – encourage your child to keep a happiness diary to write down all the things that make them happy. You could write these on a piece of paper and stick them on the fridge or wall and keep adding to them together instead of keeping a diary.

Best hopes – encourage your child to share their ‘best hopes’ for the day, or for their future. What would they like to do or achieve?

Positive word tennis – take turns to say one positive word each. Take in turns and keep going until someone can not think of a word. You could do this every week and see how you get better!

Funniest moments – think about funny memories and share these. Which positive emotions did you experience?



Children's Mental Health week

From 1-7 February 2021, it is Place2Be's Children's Mental Health Week. This year's theme is Express Yourself. Place2Be has created activities and resources to help children (and adults) to explore the different ways that they can share their thoughts, feelings and ideas.

There are lots of resources on the Children's Mental Health Week website that you can use with your child at home; including activity ideas, tips for parents and carers, and an online assembly which will be available from Monday 1 February. Visit childrensmentalhealthweek.org.uk to find out more or visit the Victoria Whole School Google classroom for daily activities.

